

Era's Lucknow Medical College & Hospital, Lucknow

FOUNDATION COURSE (PHASE-I) MBBS BATCH 2024-25

Venue - LT - 2 (College Building first floor)

Ref. No.ELMC&H2024/3018

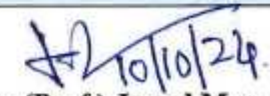
w.e.f: 14.10.2024 to 16.10.2024

Date 10/10/2024

DAYS/DATE	8:00AM-9:00AM	9:00AM-10:00AM	10:00AM-11:00AM	11:00AM-12:00AM	12:00AM-1:00PM	1- 2 PM	2:00PM-3:00PM	3:00PM-4:00PM	4:00PM-5:00PM
MONDAY 14-10-2024	Reporting to Institute Familiarization to Campus					L U N C H	Familiarization to Campus Biometric Registration		
TUESDAY 15-10-2024	Reporting to Institute Familiarization to Campus				FCI.4 Understanding of the rules and regulations of the institution. Welcome Address Hippocratic Oath / Maharshi Charak Shapath Vice Chancellor , Dean & Principal & CMS, Heads of Phase - 1 Proctor Chief Warden	FCI.4 Parent Teacher Meeting & Heads of Phase - 1 Department With All Faculty	Familiarization to Campus Biometric Registration		
WEDNESDAY 16-10-2024	FCI.7 Understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways. Introduction of foundation course Teaching learning methods (Pedagogy, Peer assisted learning, online resources, simulation) Dr. (Prof.) Brijesh Rathore Dr. Sonia Jaiswal	FCI.5 College campus, facilities, faculty, administrative structure, support systems and processes of the institution. Attendance system Exam system Dr. (Prof.) Anu Chandra Dr. (Prof.) Tasleem Raza	FCI.5 College campus, facilities, faculty, administrative structure, support systems and processes of the institution. Anti-ragging measures Dr. (Prof.) Nirupma Lal	FCI.7 Understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways. Competency Base Medical Education(CBME) Dr. (Prof.) M M A Faridi	FCI.6 Discuss the various career pathways and opportunities for personal growth. Alumni speech Dr. Avadh Kapoor	L U N C H	FCI.7 Understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways. MBBS Program (Roadmap) Dr. (Prof.) Savitri Thakur	FCI.4 ICE BREAKING Dr. Geetanjali Srivastava Dr. Gazala Afrin Dr. Nidhi Singh	

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5. Controller of Examination 6. Department of Anatomy, Biochemistry, Physiology, Community Medicine 7. Medical Education Department
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Dr. (Prof.) Jamal Masood
 Principal & CMS

Era's Lucknow Medical College & Hospital
Lucknow

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FOUNDATION COURSE (PHASE-I) MBBS BATCH 2024-25

Venue - LT - 2 (College Building first floor)

Ref. No.ELMC&H2024 / 3019

w.e.f: 17.10.2024 to 20.10.2024

Date 10/10/2024

DAYS/DATE	8:00AM-9:00AM	9:00AM-10:00AM	10:00AM-11:00AM	11:00AM-12:00AM	12:00AM-1:00PM	1- 2 PM	2:00PM-3:00PM	3:00PM-4:00PM	4:00PM-5:00PM
THURSDAY 17-10-2024	FC1.10 Awareness of the History of Medicine Dr. (Prof.) Tariq Mahmood	FC3.1 Understanding of the National Health Goals and Policies. Dr. Shweta Rajpal	FC4.3 Interaction with peers, seniors, faculty, other health care workers and patients. Gender sensitivity Dr. (Prof.) Nirupma Lal	FC1.5 College campus, facilities, faculty, administrative structure, support systems and processes of the institution. iv) College tour (Anatomy, Physiology, Biochemistry) Dr. Geetanjali Srivastava, Dr. Nidhi Singh, Dr. Gazala Afrin			FC1.2 Understanding of the Roles of an Indian Medical Graduate and relate it to the societal impact Dr. (Prof.) Savitri Thakur	FC5.5 Computer Aided Revision and Evaluation (CARE) + Medical Game Medical Animation Dr. Sonia Jaiswal Mr. Israr	Volley Ball / Badminton, Chess, Carrom, Table Tennis Dr. Hemlata Rathore Dr. Aamir Dr. Khushboo
FRIDAY 18-10-2024	FC4.9 The significance and appropriate ways of Time management Dr. (Prof.) Brijesh Rathore	FC4.15 Understanding of different methods of self-directed learning Dr. (Prof.) Sucheta Dandekar	FC3.2 Discuss the national health scenario, demographic, socio-cultural and epidemiological issues Dr. Avi Singh	FC1.6 Discuss the various career pathways and opportunities for personal growth. Research Opportunity Dr. (Prof.) Sharique Ahmad	FC4.13 Introduction to happiness Dr. (Prof.) Meeta Ghosh		FC1.4 Understanding of the rules and regulations of the institution. Transition workshop Dr. (Prof.) Anuja Bhargava Dr. (Prof.) Priyanka Shukla	FC5.5 Medico Skill software + Demonstration of OPD/IPD software Dr. Geetanjali Srivastava Mr. Ali Abbas Zaidi	Yoga Dr. Khushboo Dr. Adil Dr. Aamir
SATURDAY 19-10-2024	FC4.10 Understanding of importance of interpersonal relationship while working in a health care team. Professional as a lifelong learner Dr. (Prof.) Tariq Mahmood	FC1.7 Understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways. Reflection & Reflective Writing Dr. Nirmala Rege	FC3.3 Understanding of the health care systems in India with reference to primary, secondary and tertiary level care Dr. Abid Asghar	FC5.4 Introduction to Computers Mr. Abhishek Nigam	FC4.1 Understanding of the concept of Professionalism and ethics among health care professionals Dr. Raghvendra Singh		Cricket / Badminton, Chess, Carrom, Table Tennis Dr. Varsha Dr. Adil Dr. Neha	Volley Ball / Badminton, Chess, Carrom, Table Tennis Dr. Hemlata Rathore Dr. Aamir Dr. Khushboo	
SUNDAY 20-10-2024	SUNDAY								

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10/10/24
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FOUNDATION COURSE (PHASE-I) MBBS BATCH 2024-25

Venue - LT - 2 (College Building first floor)

Ref. No.ELMC&H2024 / 3020

w.e.f: 21.10.2024 to 24.10.2024

Date 10/10/2024

DAYS/DATE	8:00AM-9:00AM	9:00AM-10:00AM	10:00AM-11:00AM	11:00AM-12:00AM	12:00AM-1:00PM	1-2 PM	2:00PM-3:00PM	3:00PM-4:00PM	4:00PM-5:00PM
MONDAY 21-10-2024	FC1.5 College campus, facilities, faculty, administrative structure, support systems and processes of the institution Medical literature & Library Visit Dr. Kashif Khan & Team	FC4.1 Discuss the consequences of unprofessional and unethical behaviour Dr. Raghvendra Singh	FC4.8 The role of Yoga and meditation in personal health Dr. (Prof.) Seema Singh	FC4.3 Happiness and Communication Ms. Ingeela Kazmi	FC2.4 Demonstrate handling and safe disposal of Biohazardous materials in a simulated environment Dr. Fareya Haider	L E N C H	FC5.2 Oral interaction with doctor/ patient's family, and hospital staff Mr. S.M. Kaunain Abidi	Mehendi / Painting Dr. Khushboo Dr. Divya Singh Dr. Swati	
TUESDAY 22-10-2024	FC2.3 Follow bio-safety and universal precautions Dr. Sana Siddiqui	FC4.1 Understanding the concept of professional committed to profession Dr. (Prof.) Abdussalam	FC5.4 How to prepare Power point Presentation Mr. Abhishek Nigam	FC2.5 Demonstrate proper hand washing and use of personal protective equipment Dr. Abid Aaghar + Team			FC2.5 Demonstrate proper hand washing and donning of gloves Dr. Digvijay Chaudhary	FC5.3 Importance of Non-Verbal communication for doctors Ms. Saleha Jufri	Cricket / Badminton, Chess, Carrom, Table Tennis Dr. Aamir Dr. Adil Dr. Khushboo
WEDNESDAY 23-10-2024	FC4.12 Understanding of the process of group learning Dr. Geetanjali Srivastava	FC4.5 Discuss disability competencies Dr. Avadh Kapoor	FC2.1 Perform Basic Life support in Skills lab with Game Skill Dr. Prachi Singh + Team				FC4.11 Self Discovery Dr. Shazia Fatima	FC5.1 Importance of listening skills Dr. Rupali Mirza	Football / Badminton, Chess, Carrom, Table Tennis Dr. Swati Dr. Varsha Dr. Neha
THURSDAY 24-10-2024	FC4.6 Understanding and respect of cultural diversities and interact with those with different cultural values Dr. Anu Chandra	FC4.15 Understanding the Human Ethics Guideline of Government of India Dr. Raghvendra Singh	FC3.6 To obtain patient experiences through patient and family interactions and relate these experiences to impact of environment and diseases Dr. (Prof.) Prabha Srivastava	FC5.3 Importance of Verbal communication for doctors Ms Vishakha Mehrotra	FC5.2 Conversations Dr. Mirza Aqeel Abbas		FC2.6 Demonstrate appropriate response to needle stick injuries Dr. Gaznia Afrin	FC4.1 Emotions and Emotional Intelligence Ms. Abeer Shahid	Cricket / Badminton, Chess, Carrom, Table Tennis Dr. Aamir Dr. Adil Dr. Khushboo

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FOUNDATION COURSE (PHASE-I) MBBS BATCH 2024-25

Venue - LT - 2 (College Building first floor)

Ref. No.ELMC&H2024 /3021

w.e.f: 25.10.2024 to 27.10.2024

Date 10/10/2024

DAYS/DATE	8:00AM-9:00AM	9:00AM-10:00AM	10:00AM-11:00AM	11:00AM-12:00AM	12:00AM-1:00PM	1- 2 PM	2:00PM-3:00PM	3:00PM-4:00PM	4:00PM-5:00PM
FRIDAY 25-10-2024	FC2.9 Demonstrate awareness of significance of documentation in patient care and the proper method of documentation Dr. Prince Kapoor	FC2.8 Discuss the Immunization requirements of Health care professionals with Medico Skill Dr. Ruby Khatoun	FC3.4, FC3.5 Discuss the basic principles of community health and its impact on health and disease & Understanding of the structure and functioning of the community health center Dr. (Prof.) Jamal Masood Dr. Sumaiya Ahamd	FC2.2 Perform First Aid in a simulated environment Dr. Anjalatchi + Team			FC4.4 Spiritual Happiness Dr. Saleha Jafri	Singing/Playing Instrument Dr. Monika Singh Dr. Adil Dr. Neha	
SATURDAY 26-10-2024	FC4.4 The significance of working in a health care team Dr. Gajala Afrin	FC4.11 Understand the role of mentoring Dr. Sonia Jalawal	FC3.1 Barriers in communication with Patients and their relatives Dr. Aqeel Abbas	FC2.7 Demonstrate Biomedical Waste segregation (BMW), observe and explain the process of management of BMW in accordance with National Regulations Dr. Sana Siddiqui + Team			Antakshari Dr. Adil Dr. Neha Mishra Dr. Munika		Football / Badminton, Chess, Carrom, Table Tennis Dr. Swati Dr. Varsha Dr. Neha
SUNDAY 27-10-2024	SUNDAY								

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10/10/24

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