

Era's Lucknow Medical College & Hospital, Lucknow

FOUNDATION COURSE (PHASE-I) MBBS BATCH 2024-25

Venue - LT - 2 (College Building first floor)

Ref. No.ELMC&H2024/3018

w.e.f: 14.10.2024 to 16.10.2024

Date 10/10/2024

DAYS/DATE	8:00AM-9:00AM	9:00AM-10:00AM	10:00AM-11:00AM	11:00AM-12:00AM	12:00AM-1:00PM	1- 2 PM	2:00PM-3:00PM	3:00PM-4:00PM	4:00PM-5:00PM
MONDAY 14-10-2024	Reporting to Institute Familiarization to Campus					L U N C H	Familiarization to Campus Biometric Registration		
TUESDAY 15-10-2024	Reporting to Institute Familiarization to Campus				FC1.4 Understanding of the rules and regulations of the institution. Welcome Address Hippocratic Oath / Maharishi Charak Shapat Vice Chancellor , Dean & Principal & CMS, Heads of Phase - 1 Preceptor Chief Warden	FC1.4 Parent Teacher Meeting & Heads of Phase - 1 Department With All Faculty	Familiarization to Campus Biometric Registration		
WEDNESDAY 16-10-2024	FC1.7 Understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways. Introduction of foundation course Teaching learning methods (Pedagogy, Peer assisted learning, online resources, stimulation) Dr. (Prof.) Brijesh Rathore Dr. Senia Jalewal	FC1.5 College campus, facilities, faculty, administrative structure, support systems and processes of the institution. Attendance system Exams system Dr. (Prof.) Anu Chandra Dr. (Prof.) Tasleem Raza	FC1.5 College campus, facilities, faculty, administrative structure, support systems and processes of the institution. Anti-ragging measures Dr. (Prof.) Nirupma Lal	FC1.7 Understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways. Competency Base Medical Education(CBME) Dr. (Prof.) M M A Faridi	FC1.6 Discuss the various career pathways and opportunities for personal growth. Alumni speech Dr. Avadh Kapoor	L U N C H	FC1.7 Understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways. MBBS Program (Roadmap) Dr. (Prof.) Savitri Thakur	FC1.4 ICE BREAKING Dr. Geetanjali Srivastava Dr. Gazala Afrin Dr. Nidhi Singh	

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10/10/24
Dr. (Prof.) Jamal Masood

Principal & CMS

Era's Lucknow Medical College & Hospital

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FOUNDATION COURSE (PHASE-I) MBBS BATCH 2024-25

Venue - LT - 2 (College Building first floor)

Ref. No.ELMC&H2024 / 3019


w.e.f: 17.10.2024 to 20.10.2024

Date 10/10/2024

DAYS/DATE	8:00AM-9:00AM	9:00AM-10:00AM	10:00AM-11:00AM	11:00AM-12:00AM	12:00AM-1:00PM	1- 2 PM	2:00PM-3:00PM	3:00PM-4:00PM	4:00PM-5:00PM
THURSDAY 17-10-2024	FC1.10 Awareness of the History of Medicine Dr. (Prof.) Tariq Mahmood	FC3.1 Understanding of the National Health Goals and Policies. Dr. Shweta Rajpal	FC4.3 Interaction with peers, seniors, faculty, other health care workers and patients. Gender sensitivity Dr. (Prof.) Nitrupama Lal	FC1.5 College campus, facilities, faculty, administrative structure, support systems and processes of the institution. iv) College tour (Anatomy, Physiology, Biochemistry) Dr. Geetanjali Srivastava, Dr. Nidhi Singh, Dr. Gazala Afrin			FC1.2 Understanding of the Roles of an Indian Medical Graduate and relate it to the societal impact Dr. (Prof.) Savitri Thakur	FC5.5 Computer Aided Revision and Evaluation (CARE) + Medical Game Medical Animation Dr. Sonia Jaiswal Mr. Israr	Volley Ball / Badminton, Chess, Carrom, Table Tennis Dr. Hemlata Rathore Dr. Aamir Dr. Khushboo
FRIDAY 18-10-2024	FC4.9 The significance and appropriate ways of Time management Dr. (Prof.) Brijesh Rathore	FC4.15 Understanding of different methods of self-directed learning Dr. (Prof.) Sucheta Dandekar	FC3.2 Discuss the national health scenario, demographic, socio-cultural and epidemiological issues Dr. Arif Singh	FC1.6 Discuss the various career pathways and opportunities for personal growth. Research Opportunity Dr. (Prof.) Sharique Ahmad	FC4.13 Introduction to happiness Dr. (Prof.) Meeta Ghosh		FC1.4 Understanding of the rules and regulations of the institution. Transition workshop Dr. (Prof.) Anuja Bhargava Dr. (Prof.) Priyanka Shukla	FC5.5 Medico Skill software + Demonstration of OPD/IPD software Dr. Geetanjali Srivastava Mr. Ali Abbas Zaidi	Yoga Dr. Khushboo Dr. Adil Dr. Aamir
SATURDAY 19-10-2024	FC4.10 Understanding of importance of interpersonal relationship while working in a health care team. Professional as a lifelong learner Dr. (Prof.) Tariq Mahmood	FC1.7 Understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways. Reflection & Reflective Writing Dr. Nirmala Rege	FC3.3 Understanding of the health care systems in India with reference to primary, secondary and tertiary level care Dr. Abid Asghar	FC5.4 Introduction to Computers Mr. Abhishek Nigam	FC4.1 Understanding of the concept of Professionalism and ethics among health care professionals Dr. Raghvendra Singh		Cricket / Badminton, Chess, Carrom, Table Tennis Dr. Varsha Dr. Adil Dr. Neha	Volley Ball / Badminton, Chess, Carrom, Table Tennis Dr. Hemlata Rathore Dr. Aamir Dr. Khushboo	
SUNDAY 20-10-2024	SUNDAY								

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FOUNDATION COURSE (PHASE-I) MBBS BATCH 2024-25

Venue - LT - 2 (College Building first floor)

Ref. No.ELMC&H2024 / 3020

w.e.f: 21.10.2024 to 24.10.2024

Date 10/10/2024

DAYS/DATE	8:00AM-9:00AM	9:00AM-10:00AM	10:00AM-11:00AM	11:00AM-12:00AM	12:00AM-1:00PM	1- 2 PM	2:00PM-3:00PM	3:00PM-4:00PM	4:00PM-5:00PM	
MONDAY 21-10-2024	FC1.5 College campus, facilities, faculty, administrative structure, support systems and processes of the institution Medical literature & Library Visit Dr. Kashif Khon & Team	FC4.1 Discuss the consequences of unprofessional and unethical behaviour Dr. Raghendra Singh	FC4.8 The role of Yoga and meditation in personal health Dr. (Prof.) Seema Singh	FC4.3 Happiness and Communication Ms. Ingeela Kazmi	FC2.4 Demonstrate handling and safe disposal of Biohazardous materials in a simulated environment Dr. Fareya Haider	L U N C H	FC5.2 Oral interaction with doctor/ patient's family, and hospital staff Mr. S.M. Kaunnain Abidi	Mehendi/ Painting Dr. Khushboo Dr. Divya Singh Dr. Swati		
TUESDAY 22-10-2024	FC2.3 Follow bio-safety and universal precautions Dr. Sana Siddiqui	FC4.1 Understanding the concept of professional committed to profession Dr. (Prof.) Abdulwahid	FC5.4 How to prepare Power point Presentation Mr. Abhishek Nigam	FC2.5 Demonstrate proper hand washing and use of personal protective equipment Dr. Abid Asghar + Team			FC2.5 Demonstrate proper hand washing and donning of gloves Dr. Digvijay Chaudhary	FC5.3 Importance of Non-Verbal communication for doctors Ms. Saleha Jafri	Cricket / Badminton, Chess, Carrom, Table Tennis Dr. Aamir Dr. Adil Dr. Khushboo	
WEDNESDAY 23-10-2024	FC4.12 Understanding of the process of group learning Dr. Geetanjali Srivastava	FC4.5 Discuss disability competencies Dr. Avadh Kapoor	FC2.1 Perform Basic Life support in Skills lab with Game Skill. Dr. Prachi Singh + Team				FC4.11 Self Discovery Dr. Shazia Fatma	FC5.1 Importance of listening skills Dr. Rupali Mirza	Football / Badminton, Chess, Carrom, Table Tennis Dr. Swati Dr. Varsha Dr. Neha	
THURSDAY 24-10-2024	FC4.6 Understanding and respect of cultural diversities and interact with those with different cultural values Dr. Anu Chandra	FC4.15 Understanding the Human Ethics Guideline of Government of India Dr. Raghendra Singh	FC3.6 To obtain patient experiences through patient and family interactions and relate these experiences to impact of environment and diseases Dr. (Prof.) Prabha Srivastava	FC5.3 Importance of Verbal communication for doctors Ms Vishakha Mehrotra	FC5.2 Conversations Dr. Mirza Aqeel Abbas		FC2.6 Demonstrate appropriate response to needle stick injuries Dr. Gazala Afrin	FC4.1 Emotions and Emotional Intelligence Ms. Abeer Shahid	Cricket / Badminton, Chess, Carrom, Table Tennis Dr. Aamir Dr. Adil Dr. Khushboo	

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FOUNDATION COURSE (PHASE-I) MBBS BATCH 2024-25

Venue - LT - 2 (College Building first floor)

Ref. No.ELMC&H2024 /3021

w.e.f: 25.10.2024 to 27.10.2024

Date 10/10/2024

DAYS/DATE	8:00AM-9:00AM	9:00AM-10:00AM	10:00AM-11:00AM	11:00AM-12:00AM	12:00AM-1:00PM	1- 2 PM	2:00PM-3:00PM	3:00PM-4:00PM	4:00PM-5:00PM
FRIDAY 25-10-2024	FC1.9 Demonstrate awareness of significance of documentation in patient care and the proper method of documentation Dr. Prince Kapoor	FC2.8 Discuss the Immunization requirements of Health care professionals with Medico Skill Dr. Ruby Khatoon	FC3.4, FC3.5 Discuss the basic principles of community health and its impact on health and disease & Understanding of the structure and functioning of the community health center Dr. (Prof.) Jamal Masood Dr. Sumatiya Ahamd	FC2.2 Perform First Aid in a simulated environment Dr. Anjalatchi + Team			FC4.4 Spiritual Happiness Dr. Saleha Jafri	Singing/Playing Instrument Dr. Monika Singh Dr. Adil Dr. Neha	
SATURDAY 26-10-2024	FC4.4 The significance of working in a health care team Dr. Gajala Afrin	FC4.11 Understand the role of mentoring Dr. Sonis Jabwal	FC5.1 Barriers in communication with Patients and their relatives Dr. Aqeel Abbas	FC2.7 Demonstrate Biomedical Waste segregation (BMW), observe and explain the process of management of BMW in accordance with National Regulations Dr. Sans Siddiqui + Team			Antakshari Dr. Adil Dr. Neha Mishra Dr. Monika		Football / Badminton, Chess, Carrom, Table Tennis Dr. Swati Dr. Varsha Dr. Neha
SUNDAY 27-10-2024	SUNDAY								

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10/10/24

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TIME TABLE (PHASE-I) MBBS BATCH 2024-25

Venue - LT - 2 (College Building first floor)


w.e.f: 28-10-2024 to 03-11-2024

Ref. No.ELMC&H2024 /3143

Date 26/10/2024

DATE	8:00AM-9:00AM	9:00AM-10:00AM	10:00AM-11:00AM	11:00AM-12:00AM	12:00AM-1:00PM	1- 2 PM	2:00PM-3:00PM	3:00PM-4:00PM	4:00PM-5:00PM
MONDAY 28-10-2024	BIOCHEMISTRY (L1) With Animation BC1.1, Introduction to Biochemistry Dr. Gazala Afrin	PHYSIOLOGY (L1) Introduction to Physiology Dr. Seema Singh	ANATOMY (L1) AN1.1, Introduction to Anatomy Dr. Vineeta Tewari	PHYSIOLOGY HAEMAT, LAB BATCH-A Sr.No. 1 to 50 FY. 2 Collection of Blood and study of Microscope Dr. Seema Singh, Dr. Tahsin Raza PHYSIOLOGY HUMAN, LAB BATCH-B Sr.No. 51 to 100 FY 11.13 Introduction and clinical history taking & BMI, To do the general examination of the given subject Dr. Abbas Sahun, Dr. Nidhi Singh, Mrs. Hemlata Rathore	BIOCHEMISTRY, LAB BATCH-C Sr.No. 101 Onwards BC14.1, Introduction to Biochemistry lab & good laboratory practices Dr. S. Mohd Shiraz Rizvi	L U N C H	ANATOMY (L2) AETCOM Module 1.5 Opening Session Cadaver as our first Teacher Dr. Geetanjali Srivastava		CARE
TUESDAY 29-10-2024	Community Medicine (L1) CM 1.1, Introduction to Community Medicine & Health for all Dr. Jamal Masood Dr. Prabha Srivastava	ANATOMY (L2) AN1.1, Anatomical Terms Dr. Tahsin Halder	PHYSIOLOGY (L2) PY1.1, PY1.2, Describe the structure and functions of a mammalian cell, Describe and discuss the principles of homeostasis Dr. Abdussalam	ANATOMY 1,2 DISSECTION HALL AN1.1, Anatomical Terms Dr. Divya Singh			PHYSIOLOGY (L2) AETCOM Module 1.2 Foundation of Communication Small Group Discussion Dr. Tahseen Raza / Dr. Nidhi Singh		CARE
WEDNESDAY 30-10-2024	PHYSIOLOGY (L3) PY1.3, PY1.4, PY1.5, Describe intercellular communication, Describe apoptosis – programmed cell death Describe and discuss transport mechanisms across cell membranes Dr. Avadh Kapoor	ANATOMY (L3) AN4.2, General features of skin & fascia Dr. Geetanjali Srivastava	BIOCHEMISTRY (L2) BCS.4, Plasma proteins Dr. Gazala Afrin	PHYSIOLOGY HAEMAT, LAB BATCH-B Sr.No. 51 to 100 Dr. Seema Singh, Dr. Tahsin Raza FY. 2 Collection of Blood and study of Microscope PHYSIOLOGY HUMAN, LAB BATCH-C Sr.No. 101 Onwards FY 11.13 Introduction and clinical history taking & BMI, To do the general examination of the given subject Dr. Abbas Sahun, Dr. Nidhi Singh, Mrs. Hemlata Rathore	BIOCHEMISTRY, LAB BATCH-A Sr.No. 1 to 50 BC14.1, Introduction to Biochemistry lab & good laboratory practices Dr. S. Mohd Shiraz Rizvi		ANATOMY (3,4) AETCOM Module 1.5 Closing Session Etiquettes in handling cadavers Dr. Prince Kapoor		CARE
THURSDAY 31-10-2024	Deepawali (Holiday)								
FRIDAY 01-11-2024	ANATOMY Tutorial (T1) AN4.4, Deep Fascia Ms. Rabiba Ali	PHYSIOLOGY (L4) PY1.6, PY1.7, PY1.8, Describe the fluid compartments of the body, its ionic composition & measurements, Describe the concept of pH & Buffer systems in the body, Describe and discuss the molecular basis of resting membrane potential and action potential in excitable tissue Dr. Nitin Pandey	ANATOMY (SDL1) AN3.1, General features of muscles Ms. Ummeziyad	ANATOMY 3,4 DISSECTION HALL AN4.4, Deep Fascia AN3.1, General features of muscles Mrs. Monika Singh		PHYSIOLOGY TUTORIAL (T1) PY1.2, Homeostasis Dr. Nidhi Singh	BIOCHEMISTRY(SDL1) BC1.1, Cell and its subcellular components Dr. Asfia Khan	CARE	
SATURDAY 02-11-2024	Goverdhan Puja (Holiday)								
SUNDAY 03-11-2024	Sunday								

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w.e.f: 04-11-2024 to 10-11-2024

Date 26/10/2024

Ref. No.ELMC&H2024 / 3144

DATE	8:00AM-9:00AM	9:00AM-10:00AM	10:00AM-11:00AM	11:00AM-12:00AM	12:00AM-1:00PM	1- 2 PM	2:00PM-3:00PM	3:00PM-4:00PM	4:00PM-5:00PM	
MONDAY 04-11-2024	BIOCHEMISTRY (L3) BCS.1, Protein Chemistry - I Dr. Tariq Mahmood	ANATOMY (L4) AN2.4, General features of cartilage Dr. Souha Jaiswal	PHYSIOLOGY TUTORIAL (T2) PY1.2, Positive & Negative feedback mechanisms with examples Dr. Tahseena Raza	PHYSIOLOGY HAEMAT, LAB BATCH-A Sr.No. 1 to 50 PY 2.11 Preparation of blood smear, Staining of Blood Smear Dr. Seema Singh, Dr. Tahsin Raza PHYSIOLOGY HUMAN, LAB BATCH-B Sr.No. 51 to 100 PY 5.12 To measure the blood pressure of the given subject Dr. Abdo Salam, Dr. Nidhi Singh, Mrs. Hemlata Rathore	BIOCHEMISTRY, LAB BATCH-C Sr.No. 101 Onwards BC14.18, Instrumentation and glassware Dr. S. Mohd Shiraz Rizvi	L U N C H	ANATOMY MUSEUM 5,6 AN2.4, General features of cartilage Medico Skill Dr. Diksha Singh		CARE	
TUESDAY 05-11-2024	PHYSIOLOGY (L5) PY2.1, PY2.2, Describe the composition and functions of blood components, Discuss the origin, forms, variations and functions of plasma proteins Dr. Nidhi Pandey	Community Medicine (L) FAMILY ADOPTION PROGRAM Dr. Syed Abid Asghar	ANATOMY (L5) AN76.1, Introduction to embryology Dr. Vineta Tewari	ANATOMY (5,6) AETCOM Module 1.1 Physician role and responsibility to society Dr. Prince Kapoor			PHYSIOLOGY SEMINAR - 1,2 Dr. Seema Singh / Dr. Abdussalam / Dr. Tahseena Raza / Dr. Nidhi Singh / Mrs. Hemlata Rathore		CARE	
WEDNESDAY 06-11-2024	PHYSIOLOGY (L6) PY2.3, PY2.4, Describe and discuss the synthesis and functions of Haemoglobin and explain its breakdown. Describe variants of haemoglobin, Describe RBC formation (erythropoiesis & its regulation) and its functions Dr. Avadh Kapoor	ANATOMY (L6) AN55.1, Introduction to Histology Dr. Geetanjali Srivastava	PHYSIOLOGY (SDL1) PY1.1, PY1.6, Cytoskeleton, Clinical abnormalities of Fluid Volume regulation (Hyponatremia & Hypernatremia) Dr. Nidhi Singh	PHYSIOLOGY HAEMAT, LAB BATCH-B Sr.No. 51 to 100 PY 2.11 Preparation of blood smear, Staining of Blood Smear Dr. Seema Singh, Dr. Tahsin Raza PHYSIOLOGY HUMAN, LAB BATCH-C Sr.No. 101 Onwards PY 5.12 To measure the blood pressure of the given subject Dr. Abdo Salam, Dr. Nidhi Singh, Mrs. Hemlata Rathore	BIOCHEMISTRY, LAB BATCH-A Sr.No. 1 to 50 BC14.18, Instrumentation and glassware Dr. S. Mohd Shiraz Rizvi		ANATOMY 7,8 DISSECTION HALL / HISTO AN76.1, Introduction to embryology AN55.1, Introduction to Histology Ms. Humma Kausar / Mrs. Monika Singh		CARE	
THURSDAY 07-11-2024	BIOCHEMISTRY (L4) BCS.2, Protein Chemistry - II Dr. Tariq Mahmood	ANATOMY (L7) AN2.1, General features of Bone Dr. Vineta Tewari	FAMILY ADOPTION PROGRAM 1st VISIT Dr. Khushboo Fatima, Dr. Syed Abid Asghar, Dr. Avi Singh				ANATOMY 9,10 DISSECTION HALL / HISTO AN76.1, Introduction to embryology AN55.1, Introduction to Histology Dr. Divya Singh / Ms. Rabiba Ali		CARE	
FRIDAY 08-11-2024	ANATOMY (L8) AN2.5, General features of Joints Dr. Tahsin Haider	BIOCHEMISTRY SEMINAR (S1) Topic Distribution All Faculty	PHYSIOLOGY TUTORIAL (T3) PY1.4, Apoptosis Dr. Tahseena Raza	PHYSIOLOGY HAEMAT, LAB BATCH-C Sr.No. 101 Onwards PY. 2 Collection of Blood and study of Microscope Dr. Seema Singh, Dr. Tahsin Raza PHYSIOLOGY HUMAN, LAB BATCH-A Sr.No. 1 to 50 PY 11.13 Introduction and clinical history taking & BMI. To do the general examination of the given subject Dr. Abdo Salam, Dr. Nidhi Singh, Mrs. Hemlata Rathore	BIOCHEMISTRY, LAB BATCH-B Sr.No. 51 to 100 BC14.18, Instrumentation and glassware Dr. S. Mohd Shiraz Rizvi		ANATOMY 11,12 DISSECTION HALL AN2.1, AN2.5, General features of Bone & Joints Ms. Ummeziyad		CARE	
SATURDAY 09-11-2024	ANATOMY (L9) AN70.1, General features of gland and acini Dr. Prince Kapoor	PHYSIOLOGY (L7) PY2.5, PY2.6, PY2.7, Describe different types of Anemia, Anadise, Describe WBC formation (granulopoiesis) and its regulation, Describe the formation of platelets, Anemia and variations Dr. Abdussalam	BIOCHEMISTRY (L5) BCS.3, Haemoglobin chemistry -I Dr. Gazala Afrin	ANATOMY SEMINAR 1,2 Topic Distribution Dr. Geetanjali Srivastava / All Faculty			Cricket / Badminton, Chess, Carrom, Table Tennis			
SUNDAY 10-11-2024	Sunday									

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TIME TABLE (PHASE-I) MBBS BATCH 2024-25

Venue - LT - 2 (College Building first floor)

Ref. No.ELMC&H2024 / 3256

w.e.f: 11-11-2024 to 17-11-2024

Date 07/11/2024

DATE	8:00AM-9:00AM	9:00AM-10:00AM	10:00AM-11:00AM	11:00AM-12:00AM	12:00AM-1:00PM	1- 2 PM	2:00PM-3:00PM	3:00PM-4:00PM	4:00PM-5:00PM	
MONDAY 11-11-2024	PHYSIOLOGY (L8) PY2.8, PY2.9, Describe the physiological basis of hemostasis & anticoagulants. Describe bleeding & clotting disorders (Hemophilia, purpura), Describe different blood groups and discuss the clinical importance of blood grouping, blood banking and transfusion Dr. Nitin Pandey	Community Medicine (SGL-1) CM 1.2, Concept of Health & Disease with PQL & HDI Dr. Ruby Khaitan	ANATOMY (L10) AN77.4, 1st week of Development Dr. Vineeta Tewari	PHYSIOLOGY HAEMAT, LAB BATCH-A Sr.No. 1 to 50 PY 2.11 Preparation of blood smear, Staining of Blood Smear Dr. Seema Singh, Dr. Tahsin Raza PHYSIOLOGY HUMAN, LAB BATCH-B Sr.No. 51 to 100 PY 5.12 To Examine the Radial Pulse of the given subject Dr. Abdul Sattar, Dr. Nidhi Singh, Mrs. Hemlata Rathore	BIOCHEMISTRY, LAB BATCH-C Sr.No. 101 Onwards BCM3, Normal Urine, DOAP Skill Session Dr. Gazala Afrin	L U N C H	ANATOMY MUSEUM 13,14 AN77.4, 1st week of Development Ms. Huma Kausar		CARE	
TUESDAY 12-11-2024	BIOCHEMISTRY (L6) BC5.8, Heme anabolism Dr. Gazala Afrin	ANATOMY (L11) AN65.1, Histology of Epithelium Dr. Sonia Jaiswal	PHYSIOLOGY (L9) PY2.7, Define and classify different types of immunity. Describe the development of immunity and its regulation Dr. Seema Singh	ANATOMY 15,16 DISSECTION HALL / HISTO AN65.1, Histology of Epithelium AN70.1, General features of gland and acini Mrs. Monika Singh / Dr. Divya Singh				PHYSIOLOGY (3,4) AETCOM Module 1.2 Foundation of Communication Large Group Discussion Dr. Tahseen Raza / Dr. Nidhi Singh		CARE
WEDNESDAY 13-11-2024	PHYSIOLOGY (L10) PY3.1, Describe the structure and functions of a neuron and neurogia; Discuss Nerve Growth Factor & other growth factors / cytokines Dr. Avadh Kapoor	ANATOMY (L12) AN5.1, AN5.6, General Anatomy of CVS Dr. P K Sharma	BIOCHEMISTRY (L7) BC5.8, Heme catabolism Dr. Gazala Afrin	PHYSIOLOGY HAEMAT, LAB BATCH-B Sr.No. 51 to 100 PY 2.11 Preparation of blood smear, Staining of Blood Smear Dr. Seema Singh, Dr. Tahsin Raza PHYSIOLOGY HUMAN, LAB BATCH-C Sr.No. 101 Onwards PY 5.12 To Examine the Radial Pulse of the given subject Dr. Abdul Sattar, Dr. Nidhi Singh, Mrs. Hemlata Rathore	BIOCHEMISTRY, LAB BATCH-A Sr.No. 1 to 50 BCM3, Normal Urine, DOAP Skill Session Dr. Gazala Afrin			ANATOMY 17,18 DISSECTION HALL / HISTO AN55.1, Histology of Epithelium AN70.1, General features of gland and acini Dr. Diksha Singh / Ms. Rabiba Ali		CARE
THURSDAY 14-11-2024	ANATOMY (L13) AN6.1, General features of lymphatic system Dr. Prince Kapoor	PHYSIOLOGY (L11) PY3.2, PY3.3, PY3.4, PY3.5, PY3.6, Describe the types, functions & properties of nerve fibers, Describe the degeneration and regeneration in peripheral nerves. Describe the structure of neuro-muscular junction and transmission of impulses. Discuss the action of neuro-muscular blocking agents; Describe the pathophysiology of Myasthenia gravis Dr. Abdelmattan	BIOCHEMISTRY SEMINAR (S2) All Faculty	ANATOMY 19,20 DISSECTION HALL AN5.1, AN5.6, AN6.1, General features of lymphatic system & CVS Ms. Ummeziyad				BIOCHEMISTRY Tutorial (T1) BC1.1, General Biochemistry with Medico Skill (SVL) Dr. Asifa Khan	PHYSIOLOGY TUTORIAL (T4) PY1.5, Vesicular transport (Endocytosis & Exocytosis) & mechanism, Recent Advances in it Dr. Nidhi Singh	CARE
FRIDAY 15-11-2024	Guru Nanak Jayanti (Holiday)							Guru Nanak Jayanti (Holiday)		
SATURDAY 16-11-2024	ANATOMY (L14) AN7.1, AN7.2, AN7.3, General Anatomy of Nervous System Dr. Tahsin Haider	Community Medicine (L2) CM 1.2, Holistic Health, Dimension, Determinants of Health, Disease causation, disease cycle and disease transmission Dr. Sumalya Ahmad	PHYSIOLOGY TUTORIAL (T5) PY1.6, Method of determination of Blood volume Direct and indirect method & Regulation of Blood Volume Dr. Tahseen Raza	ANATOMY SEMINAR 3,4 Ms. Rabiba Ali				Cricket / Badminton, Chess, Carrom, Table Tennis		
SUNDAY 17-11-2024	Sunday									

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TIME TABLE (PHASE-I) MBBS BATCH 2024-25

Venue - LT - 2 (College Building first floor)

w.e.f: 18-11-2024 to 24-11-2024

Ref. No.ELMC&H2024 / 3257

Date 07/11/2024

DATE	8:00AM-9:00AM	9:00AM-10:00AM	10:00AM-11:00AM	11:00AM-12:00AM	12:00AM-1:00PM	1-2 PM	2:00PM-3:00PM	3:00PM-4:00PM	4:00PM-5:00PM
MONDAY 18-11-2024	ANATOMY (L15) AN4.2, Skin Appendages Dr. Divya Singh	PHYSIOLOGY (L12) PY3.6, PY3.7, Describe the different types of muscle fibers and their structure. Describe action potential and its properties in different muscle types (skeletal & smooth) Dr. Seema Singh	BIOCHEMISTRY (L8) BC5.9, Hemoglobinopathies Dr. Gazala Afrin	PHYSIOLOGY HAEMAT, LAB BATCH-A Sr.No. 1 to 50 PY 2.11 Identification of Differential Leucocyte count (DLC) Dr. Seema Singh, Dr. Tahsin Raza PHYSIOLOGY HUMAN, LAB BATCH-B Sr.No. 51 to 100 PY 5.12 To measure the blood pressure of the given subject Dr. Abdus Salam, Dr. Nidhi Singh, Mrs. Hemlata Rathore		L U N C H	ANATOMY 21,22 General Anatomy Test Dr. Geetanjali Srivastava		CARE
TUESDAY 19-11-2024	BIOCHEMISTRY (L9) BC8.1, Anti anemia vitamins B12, FA, C Dr. Sacheta Dandekar	ANATOMY (L16) AN8.1, Introduction to upper limb Dr. Vineeta Tewari	PHYSIOLOGY (L13) PY3.8, Describe the molecular basis of muscle contraction in skeletal and in smooth muscles. Describe the mode of muscle contraction (isometric and isotonic) Dr. Abdussalam	ANATOMY 23,24 DISSECTION HALL AN8.1, Introduction to upper limb AN8.3, Clavicle Mrs. Monika Singh			PHYSIOLOGY SEMINAR - 3,4 Dr. Seema Singh / Dr. Abdussalam / Dr. Tahseen Raza / Dr. Nidhi Singh / Mrs. Hemlata Rathore		CARE
WEDNESDAY 20-11-2024	PHYSIOLOGY (L14) PY3.9, Explain energy source and muscle metabolism. Explain the gradation of muscular activity Dr. Avadh Kapoor	BIOCHEMISTRY Tutorial (T2) BC5.4, Plasma Protein with Medico Skill (SVL) Dr. Gazala Afrin	ANATOMY (L17) AN9.1, Pectoral region Dr. P K Sharma	PHYSIOLOGY HAEMAT, LAB BATCH-B Sr.No. 51 to 100 PY 2.11 Identification of Differential Leucocyte count (DLC) Dr. Seema Singh, Dr. Tahsin Raza PHYSIOLOGY HUMAN, LAB BATCH-C Sr.No. 101 Onwards PY 5.12 To measure the blood pressure of the given subject Dr. Abdus Salam, Dr. Nidhi Singh, Mrs. Hemlata Rathore			ANATOMY 25,26 DISSECTION HALL AN9.1, Pectoral region Dr. Divya Singh		CARE
THURSDAY 21-11-2024	BIOCHEMISTRY (SDL2) BC5.1, Structure and classification of amino acids Dr. Khushboo Fatima	PANDEMIC MODULE PART 2, History of outbreak Dr. (Prof.) Abdussalam	ANATOMY (L18) AN9.2, Mammary gland Dr. Geetanjali Srivastava	ANATOMY 27,28 DISSECTION HALL AN9.2, Mammary gland / AN8.1, AN8.2, AN8.3, Humerus Ms. Huma Kausar			BIOCHEMISTRY SEMINAR (S3,4) AD Faculty		CARE
FRIDAY 22-11-2024	PHYSIOLOGY (L15) PY3.10, Describe muscular dystrophy, myopathies Dr. Nitia Kapoor	PANDEMIC MODULE PART 3, History of epidemics pandemic Dr. Prince Kapoor	ANATOMY (L19) AN10.1, Axilla - I Dr. Prince Kapoor	PHYSIOLOGY HAEMAT, LAB BATCH-C Sr.No. 101 Onwards PY 2.14 Preparation of blood smear, Staining of Blood Smear Dr. Seema Singh, Dr. Tahsin Raza PHYSIOLOGY HUMAN, LAB BATCH-A Sr.No. 1 to 50 PY 5.12 To Examine the Radial Pulse of the given subject & To Determine the BP of Given Subject Dr. Abdus Salam, Dr. Nidhi Singh, Mrs. Hemlata Rathore			ANATOMY 29,30 DISSECTION HALL AN10.1, Axilla - I Ms. Ummeziyad		CARE
SATURDAY 23-11-2024	ANATOMY (L20) AN10.1, AN10.4, AN10.7, Axilla - II Dr. Prince Kapoor	PHYSIOLOGY (SDL2) PY1.9, PY3.4, Receptor & G-protein Diseases, Nerve Muscle Physiology Dr. Tahseen Raza	ANATOMY(L21) AN10.3, AN10.5, AN10.6, Brachial Plexus Dr. Vineeta Tewari	ANATOMY SEMINAR 5,6 Dr. Divya Singh				Valley Ball / Badminton, Chess, Carrom, Table Tennis	
SUNDAY 24-11-2024	Sunday								

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w.e.f: 25-11-2024 to 01-12-2024

Ref. No.ELMC&H2024 / 3258

Date 07/11/2024

DATE	8:00AM-9:00AM	9:00AM-10:00AM	10:00AM-11:00AM	11:00AM-12:00AM	12:00AM-1:00PM	1-2 PM	2:00PM-3:00PM	3:00PM-4:00PM	4:00PM-5:00PM	
MONDAY 25-11-2024	BIOCHEMISTRY (L10) Integrated with Obst & Gynaec / Medicine BC9 I, Fe metabolism Dr. Tariq Mahmood	PHYSIOLOGY TUTORIAL (T6) PY3.4, Neuromuscular Junction and sequence of events in neuromuscular transmission Dr. Nidhi Singh	Community Medicine(L4) CM 1.4, Natural history of disease and its phases, Spectrum of Diseases Dr. Ruchi Chaturvedi	PHYSIOLOGY HAEMAT, LAB BATCH-A Sr.No. 1 to 50 PY 2.11 Identification of Differential Leucocyte count (DLC) Dr. Seema Singh, Dr. Tahsin Raza PHYSIOLOGY HUMAN, LAB BATCH-B Sr.No. 51 to 100 PY5.12, To Determine the Effect of Posture on BP Dr. Abdus Salam, Dr. Nidhi Singh, Mrs. Hemlata Rathore	BIOCHEMISTRY, LAB BATCH-C Sr.No. 101 Onwards BC14.4, Urine Analysis Benedict's test, Rother's test, Hays sulphur test, DOAP Skill with gaming / Medical Skill Dr. Gamla Afrin	L U N C H	ANATOMY Tutorial (T2) AN8.1, AN8.2, AN8.4 Scapula Ms. Rabiba Afi	ANATOMY (SDL 2) AN, Dermatomes of UL Ms. Ummezayad	CARE	
TUESDAY 26-11-2024	ANATOMY (L22) AN10.9, AN10.10, Scapular Region - I Dr. Tahsin Haider	PHYSIOLOGY Early-Clinical Exposure (ECE-1,2) Dr. Tahseen Raza / Dr. Nidhi Singh		ANATOMY 31,32 DISSECTION HALL AN10.3, AN10.5, AN10.6, Brachial plexus Ms. Huma Kausar			PHYSIOLOGY SEMINAR - 3,4 Dr. Seema Singh / Dr. Abdussalam / Dr. Tahseen Raza / Dr. Nidhi Singh / Mrs. Hemlata Rathore	CARE		
WEDNESDAY 27-11-2024	PHYSIOLOGY (L16) PY5.3, Describe the functional anatomy of heart including chambers, sounds; and Pacemaker tissue and conducting system Dr. Avadh Kapoor	ANATOMY (L23) AN10.10, AN10.11, Scapular Region - II Dr. Tahsin Haider	PHYSIOLOGY (L17) PY5.2, Describe the properties of cardiac muscle including its morphology, electrical, mechanical and metabolic functions Dr. Tahseen Raza	PHYSIOLOGY HAEMAT, LAB BATCH-B Sr.No. 51 to 100 PY 2.11 Identification of Differential Leucocyte count (DLC) Dr. Seema Singh, Dr. Tahsin Raza PHYSIOLOGY HUMAN, LAB BATCH-C Sr.No. 101 Onwards PY5.12, To Determine the Effect of Posture on BP Dr. Abdus Salam, Dr. Nidhi Singh, Mrs. Hemlata Rathore	BIOCHEMISTRY, LAB BATCH-A Sr.No. 1 to 50 BC14.4, Urine Analysis Benedict's test, Rother's test, Hays sulphur test, DOAP Skill with gaming / Medical Skill Dr. Gamla Afrin		ANATOMY 33,34 DISSECTION HALL AN10.9, AN10.10, AN10.11, Scapular Region Ms. Rabiba Afi	CARE		
THURSDAY 28-11-2024	BIOCHEMISTRY (L11) Integrated with Medicine BC6.1, BC6.2, ECM - I Dr. Tariq Mahmood	PHYSIOLOGY (L18) PY5.3, PY5.4, Discuss the events occurring during the cardiac cycle, Describe generation, conduction of cardiac impulse Dr. Abdussalam	FAMILY ADOPTION PROGRAM 2nd VISIT Dr. Ruchi Chaturvedi, Dr. Shekhar Srivastava, Dr. Khushboo Fatima				ANATOMY 35,36 DISSECTION HALL IM Skill (OSPE) Dr. Dilsha Singh	CARE		
FRIDAY 29-11-2024	PHYSIOLOGY (L19) PY5.5, PY5.6, Describe the physiology of electrocardiogram (E.C.G), its applications and the cardiac axis, Describe abnormal ECG, arrhythmias, heart block and myocardial infarction Dr. Nisha Pandey	BIOCHEMISTRY SEMINAR (S8) All Faculty	ANATOMY (L24) AN11.1, AN11.2, AN11.3, Front of Arm Dr. Sonia Jainwal	PHYSIOLOGY HAEMAT, LAB BATCH-C Sr.No. 101 Onwards PY 2.11 Identification of Differential Leucocyte count (DLC) Dr. Seema Singh, Dr. Tahsin Raza PHYSIOLOGY HUMAN, LAB BATCH-A Sr.No. 1 to 50 PY5.12, To Determine the Effect of Posture on BP & Stain of Blood Streak Dr. Abdus Salam, Dr. Nidhi Singh, Mrs. Hemlata Rathore	BIOCHEMISTRY, LAB BATCH-B Sr.No. 51 to 100 BC14.4, Urine Analysis Benedict's test, Rother's test, Hays sulphur test, DOAP Skill with gaming / Medical Skill Dr. Gamla Afrin		ANATOMY 37,38 DISSECTION HALL AN11.1, AN11.2, AN11.3, Front of Arm Mrs. Monika Singh	CARE		
SATURDAY 30-11-2024	Community Medicine (L3) CM 1.3, Concept of Epidemiological Triad, Characteristics of agent, host and environment factors in health and the relationship Various factors in Agent, Host and Environment Dr. Shweta Rajpal	BIOCHEMISTRY PCT - I Haemoglobin Chemistry & Metabolism Test, Haemoglobinopathies All Faculty		ANATOMY SEMINAR 7,8 Dr. Dilsha Singh			Football / Badminton, Chess, Carrom, Table Tennis			
SUNDAY 01-12-2024	Sunday									

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